

# Thank You

*For Serving Our Country &  
Protecting Our Freedoms*

I was recently blessed to be able to be a part of an Honor Flight to Washington DC to honor some of our veterans, including my father. It was very memorable and truly emotional. When this Honor Flight returned to Tucson, they had an amazing response by the community. Flying back home and seeing a sea of people waiting to welcome the veteran's home was something I was so blessed to experience. To see the video, go to the link provided below or look up "*Veterans Welcomed by Tucson Community*" On YouTube.

<https://youtu.be/6w-krrdA8pk>

## *Fallen Solider Table*

The white tablecloth draped over the table represents the purity of their response to our country's call to arms.  
The empty chair depicts an unknown face, representing no specific Soldier, Sailor, Airman, or Marine, but all who are not here with us.  
The table itself is round to show that our concern for them is never ending.  
The Bible represents faith in a higher power and the pledge to our country, founded as one nation under God.  
The black napkin stands for the emptiness these warriors have left in the hearts of their families and friends. A Purple Heart medal can be pinned to the napkin.  
The single red rose reminds us of their families and loved ones.  
The red ribbon represents the love of our country, which inspired them to answer the nation's call.  
The yellow candle and its yellow ribbon symbolize the everlasting hope for a joyous reunion with those yet accounted for.  
The slices of lemon on the bread plate remind us of their bitter fate.  
The salt upon the bread plate represent the tears of their families.  
The wine glass, turned upside down, reminds us that our distinguished comrades cannot be with us to drink a toast or join us.



## Roasted Cauliflower and Leek Soup



### Ingredients:

2 cloves garlic minced	1/4 cup all-purpose flour
2 tablespoons vegetable oil	1 quart chicken stock
1 head cauliflower, broken into florets	1/3 cup heavy whipping cream
3 tablespoons butter	1 teaspoon dried chervil
2 leeks, white part only, chopped	1 teaspoon kosher salt
	1 tablespoon cracked black pepper

Prep 10 m

Cook 1 h 5 m

Ready In 1 h 15 m

Preheat oven to 275 degrees F (135 degrees C).

Stir garlic and vegetable oil together in a small bowl. Arrange cauliflower florets on a baking sheet; pour oil mixture over cauliflower. Toss to coat.

Bake cauliflower in the preheated oven until tender and lightly browned, about 30 minutes.

Melt butter in a 4-quart stockpot over medium heat; cook and stir leeks and flour in the melted butter until fragrant and well blended, 5 to 10 minutes. Add cauliflower, chicken stock, and cream; simmer until flavors have combined, 20 to 25 minutes. Stir chervil, salt, and pepper into the soup; simmer until desired thickness, 10 to 15 more minutes.



**I hope you enjoy this month's newsletter!**  
**Mari and Staff**

**Come Together**

**Across**

- 1. U.S. document publisher
- 4. Primitive fishing tool
- 9. PC linkup
- 10. Duplicate
- 11. Hall-of-Famer Mel
- 12. Carries on
- 13. Female fowl
- 15. Tagged player
- 16. Song of joy
- 18. @
- 20. Beats it
- 23. Quagmire
- 25. Elementary particle
- 26. Banish
- 27. Literary collection
- 28. Tattletale
- 29. Setter or retriever

**Down**

- 1. Unappetizing food
- 2. Cracker spread
- 3. Available
- 4. Like an owl
- 5. Flat
- 6. Many, many years
- 7. The "A" of ABM
- 8. Sheet music symbol
- 14. Annoyance
- 17. Water nymph
- 18. End of grace
- 19. Biological classifications
- 21. Like old records
- 22. Unexpected difficulty
- 24. Canyon featur

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*The headline is a clue to the answer in the diagonal.*

**Trivia Teaser –  
 Long live the king**

1. Which kind of animal was King Louie in the Disney movie "The Jungle Book"? a-Bear, b-Tiger, c-Orangutan, d-Python.

2. Which comedian engaged in a feud with wrestler Jerry "The King" Lawler?  
 a-Steven Wright, b-Louie Anderson, c-Dane Cook, d-Andy Kaufman.

3. Which woman's name did B.B. King give to his guitars? a-Lucille, b-Viola, c-Christine, d-Lydia.

4. Which of King Arthur's knights was famous for getting into a beheading contest with a mysterious green knight?  
 a-Gawain, b-Gareth, c-Lancelot, d-Percival.

5. Who played the title role of Amanda King on the TV series "The Scarecrow and Mrs. King"? a-Linda Gray, b-Kate Jackson, c-Stella Stevens, d-Loni Anderson.

6. A beloved archaeology professor named Simon became the Ice King on which trippy TV cartoon series?  
 a-"Adventure Time," b-"Steven Universe," c-"The Venture Bros.," d-"The Powerpuff Girls."

7. William Rufus DeVane King, who was the U.S. vice-president for six weeks before dying in office, served under which president? a-Benjamin Harrison, b-James Buchanan, c-Franklin Pierce, d-James K. Polk.

8. The bones of which English king were excavated from beneath a parking lot in 2012? a-Richard III, b-Henry IV, Edward I, d-George III.

9. The Stephen King novel "Doctor Sleep" is a sequel to which 1977 novel? a-"It," b-"Carrie," c-"Salem's Lot," d-"The Shining."

10. What is the signature sandwich of the Burger King fast food chain? a-ButterBurger, b-Whopper, c-Big King, d-Bambino.

- 1-c, Orangutan
- 2-d, Andy Kaufman
- 3-a, Lucille
- 4-a, Gawain
- 5-b, Kate Jackson
- 6-a, "Adventure Time"
- 7-c, Franklin Pierce
- 8-a, Richard III
- 9-d, "The Shining"
- 10-b, Whopper

Answers to "Long live the king"

**What is a homestead exemption?**

Property taxes are a required cost of owning a home, but 46 states in the U.S. offer a homestead exemption that can help lower the tax burden if it is a primary residence, according to SmartAsset. There can be an upper limit on the value of a home that qualifies, and there might also be more substantial exemptions available for those with low incomes, seniors, and the disabled. Once qualified, there will be either a percentage discount on property taxes or a flat dollar amount deducted from the bill. As an example, someone who owns a home with an assessed value of \$200,000 living in a state with a one percent property tax would typically owe \$2,000 each year. With a \$50,000 homestead exemption, however, they would only owe taxes on \$150,000 of the value, reducing the tax bill to just \$1,500.

## Orchards, crafts and campfires lead in family fun for fall

The fall months are full of opportunities for a family to spend time together, and a little planning can ensure that both kids and parents alike will have fun doing it, according to Care.com. The changing season means that the air will be cooler, leaves are changing, and many local organizations will have fall festivals and parades to celebrate. To make the most of the mild weather, outdoor activities should be a top priority and an entire day can be planned around a nature hike, picnic, and visiting an apple orchard to pick fruit, bake apple chips, and taste apple cider.

Everyone can grab an assortment of leaves, acorns, and other fall foliage while exploring the outdoors to bring inside for crafts. Leaves can be used for rubbings and pressing into photo albums, pinecones can decorate a kitchen table centerpiece, and acorns can have little faces painted on them and glued to a poster along with hand-print turkeys. Later on, sticks can be used around a fire pit or campfire to make s'mores while the family tells stories and spends time together under the stars and away from smartphones and television.

In the kitchen, everyone can get involved with making amazing treats using seasonal ingredients. Apples from the orchard can be used to create a hot crock-pot applesauce or dipped for candied or caramel apples. Meanwhile, fresh berries can be baked into a crisp, and those with an ice cream maker can use pumpkin puree as a base for pumpkin ice cream. Even without special ingredients or hardware, decorating sugar cookies with fall themes is messy fun on a budget.



## Foods with a very long shelf-life

- \* White Rice: In an air-tight container in temperatures below 40 degrees, it lasts up to 30 years.
- \* Honey: With an airtight seal, honey can last decades, if not centuries.
- \* Soy Sauce: When sealed, it lasts for years.
- \* Sugar: In airtight containers, it can last decades.
- \* Dried Beans: Shelf-life 30 years.
- \* Authentic, pure maple syrup: With proper seal, it can last for decades, if not hundreds of years.

## Honey: The sticky story about an 'eternal' food

Around the time of Moses, when Rome was just pasture land, a lowly Egyptian worker filled some jars with honey, sealed them tight and stored them in a pharaoh's burial chamber.

Three thousand years later, an archeologist opened that tomb and found the honey, still edible.

That's a story repeated many times in publications, but reliable evidence of an actual archeological find just can't be confirmed.

It's true, however, that honey has remarkable staying power. It can definitely remain edible for dozens of years, maybe hundreds, theoretically even thousands.

Experts say the key to its preservation would be an unbroken seal. That probably would require a pyramid to protect it over three millennia of weather, war, building, and vandalism.

The reason why honey has such a long shelf life is that, like cane sugar, it contains very little water, explains Amina Harris, executive director of the Honey and Pollination Center at the Robert Mondavi Institute at University of California, Davis. Bacteria and microorganisms, Harris says, can't survive in such a setting.

Add to that, honey is very acidic; another reason bacteria can't grow inside.

The very bees who collect nectar and burp up honey also contribute to its shelf-stable qualities. An enzyme in their stomachs mixes with nectar from flowers and breaks it down into gluconic acid and hydrogen peroxide, another inhibitor to bacterial growth.

Because of its chemistry and low-water nature, honey can be used to seal wounds and burns, serving as a barrier against infection. Sumerian clay tablets from 1900 BC list honey for these medicinal uses.

## Take the Trivia Challenge

**How many states in the U.S. offer a homestead exemption?**

- a. 26   b. 36   c. 40   d. 46**

HINT: The answer is hidden somewhere in this newsletter.

1 Thessalonians 5:16-18

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.